

Informed Consent For Refusal of Fluoride

Fluoride helps prevent cavities in children and adults by making the outer surface of teeth (enamel) more resistant to the acid attacks that cause tooth decay. Fluoride acts to repair, or re-mineralize, areas in which acid attacks have already begun. The re-mineralization effect of fluoride is important because it reverses the early decay process as well as creating a tooth surface that is more resistant to decay.

I have been informed about the benefits of fluoride to help maintain my / my child's dental health and I deny fluoride treatment at this time.

Patient name: \_\_\_\_\_

Signature: \_\_\_\_\_

Parent/Guardian (if applicable): \_\_\_\_\_

Date: \_\_\_\_\_

Doctor/Hygienist: \_\_\_\_\_